INFANT MENU PRODUCTION RECORD CHILD AND ADULT CARE FOOD PROGRAM

Child's Full Name:	Age:	Breast Milk?	Formula?	Type of Formula:

FOOD COMPONENTS	SERVING SIZES		DATE:	DATE:	DATE:	DATE:	DATE:	
BREAKFAST	0-3 MO	4-7 MO	8-11 MO	□ claimed	□ claimed	□ claimed	□ claimed	☐ claimed
BREAST MILK OR IFIF	4-6 oz.	4-8 oz.	6-8 oz.					
IFIC			2-4 Tbsp.					
FRUIT OR VEGETABLE			1-4 Tbsp.					
LUNCH				□ claimed	☐ claimed	☐ claimed	□ claimed	□ claimed
BREAST MILK OR IFIF	4-6 oz.	4-8 oz.	6-8 oz.					
IFIC <u>OR</u> MEAT/POULTRY/FISH/EGG YOLK <u>OR</u> COOKED DRY BEANS/PEAS <u>OR</u> CHEESE <u>OR</u> COTTAGE CHEESE/FOOD/SPREAD	 	0-3 Tbsp.*	2-4 Tbsp. 1-4 Tbsp. 1-4 Tbsp. 1/2-2 oz. 1-4 oz.					
FRUIT/VEGETABLE		0-3 Tbsp.*	1-4 Tbsp.					
SUPPER				□ claimed				
BREAST MILK OR IFIF	4-6 oz.	4-8 oz.	6-8 oz.					
IFIC <u>OR</u> MEAT/POULTRY/FISH/EGG YOLK <u>OR</u> COOKED DRY BEANS/PEAS <u>OR</u> CHEESE <u>OR</u> COTTAGE CHEESE/FOOD/SPREAD	 	0-3 Tbsp.*	2-4 Tbsp. 1-4 Tbsp. 1-4 Tbsp. ½-2 oz. 1-4 oz.					
FRUIT/VEGETABLE		0-3 Tbsp.*	1-4 Tbsp.					
SNACK # 1				□ claimed				
BREAST MILK, IFIF, ** JUICE	4-6 oz.	4-6 oz.	2-4 oz.					
BREAD OR CRACKERS			½ slice*					
SNACK # 2				□ claimed				
BREAST MILK, IFIF, ** JUICE	4-6 oz.	4-6 oz.	2-4 oz.					
BREAD OR CRACKERS			½ slice*					

KEY: IFIF – Iron Fortified Infant Formula

IFIC - Iron Fortified Infant Cereal (Record the kind - oatmeal, rice, etc.) - Infant cereals ONLY.

- * These items are required once the child is developmentally ready for the items.
- ** Fruit juice must be full-strength and may be served in place of formula or breastmilk to children 8-11 months of age for snack ONLY.